Verse 112

Yo ca vassasatam jīve kusīto hīnavīriyo Ekāham jīvitam seyyo viriyam ārabhato dalham Should one live a hundred years indolent and unenergetic, better indeed for him just to live a single day, undertaking steadfast energetic effort.

Meaning

yo ca should one

vassasatam a hundred years

jīve live

kusīto indolent; inert; inactive

hīnavīriyo lazy; devoid of zeal; unenergetic

ekāham (just) one day

jīvitam living

seyyo (it is) better

viriyam energetic effort

ārabhato to attempt; to begin; to undertake

dalham steadfast